

Rotary Club of Salt Lake Central

Club No.: 30032 Charter on: 14th March 1994



Lekhon

BULLETIN OF ROTARY CLUB OF SALT LAKE CENTRAL

Serve with Smile

RI President : R. Gordon R. McNally

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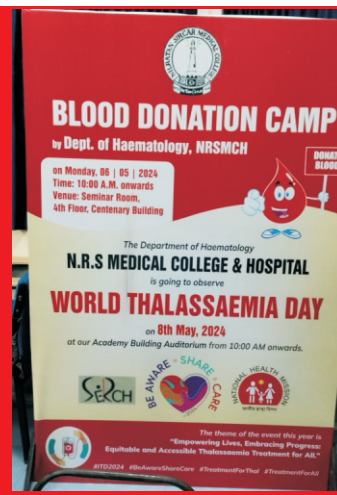
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Distributed Water Bottle and ORS pouch packet amongst the Traffic Police of Kestopur, Lake Town, Ultadanga, Kankurgachi and Salt Lake area on 5th May 2024. President Pradip along with Rtn Priyo Ranjan Gupta and Rtn. Nandini Shome attend the project.



Rtn Pradip Shome and Rtn Priyoranjan Gupta donate blood at Blood Donation camp at NRS Hospital on the occasion of World Thalassaemia Day.

“Eso He Boisakh” cultural programme, organized by Rotary District 3291. Our club participate as a Associate Host Club.



R.C. of Salt Lake Central has successfully completed a project course on Mobility Enhancement Therapy for the second time. Approximately 15 participants were enrolled in this course, where they received training from reputed doctors and physiotherapists over a period of 2 months. This course, integral to physiotherapy, covers a wide range of topics including hygiene, patient handling, first aid, and the proper measurement of vital signs such as blood pressure, blood sugar, and oxygen saturation. Participants also learn the administration of oxygen using specialized instruments and how to assist patients with conditions such as fractures, post-operative knee joint replacement, arthritis, paralysis, and other ailments. Through supervised exercises, participants help patients regain mobility according to their specific needs. The initiative began in December 2019 as part of a Women Empowerment program, initially benefitting 19 underprivileged female members. Many of these participants are now self-employed, with the income from this venture significantly improving their quality of life. Due to the overwhelmingly positive response and demand for self-employment opportunities, a second course was organized, attracting both male and female participants. The recent completion of the course saw certificates awarded to participants, wishing them success in their future endeavors.

The recent completion of the course saw certificates and one BP Machine, Stethoscope awarded to each participant, wishing them success in their future endeavors. One Transcutaneous electrical nerve stimulation (TENS) machine donated for this group.